



College Planning Timeline

Freshman Year

- Develop good study habits
- Get involved! Learn about extra curricular activities – many colleges consider talent, commitment and leadership
- Develop a 4-year academic plan with Learning Coach
- Begin development of your personal and athletic résumé/portfolio
- Consider taking SAT II Subject test if you are completing an Honors or AP Course
- If you hope to be a recruited athlete in your sport review the guidelines based on expected division.
- Think about participation in summer programs, community service opportunities, or athletic training

Sophomore Year

- Take the [PSAT](#) at your local high school. Contact the guidance office by June 30th to register for the test (administered in the middle of October)
- Update 4-year academic plan with Learning Coach
- Consider taking SAT II Subject test if you are completing an Honors or AP Course
- Begin to visit some college campuses when traveling
- Update your résumé/portfolio
- Consider engaging in test preparation during the season that you are the least busy
- Send initial interest letters to a wide range of college coaches (get on contact lists)
- Set off season athletic showcase schedule
- Think about participation in summer programs, community service opportunities, or athletic training

Junior Year

- Take the [PSAT](#) in October
- Attend on-line college admission visits
- Make college visits
- Research college choices – use the resources on the USPA College Counseling website and Naviance Family Connection Software
- Register to take the [ACT](#) (with writing) and [SAT Reasoning Test/SAT II Subject Tests](#)
It is recommended to take these standardized tests in the late winter or spring
- Attend webinars on college planning and financial aid for students and parents
- Explore SAT/ACT prep courses (through USPA, Khan Academy, or other online resource)
- Review 4 year academic plan, graduation and college entrance requirements
- Begin scholarship searches using resources linked to Naviance Family Connection
- Complete Student and Parent questionnaires
- Complete the Transcript Release/Waiver Form for NCAA if you are considering Division I or II sports at the college level. Determine your level of play/recruitment potential with current coaches
- Be Proactive- send letters and game/play footage

- Coaches can contact you
- Attend local College Fairs
- Take AP exams in May
- During the summer, work on college essays and continue college visits
- Select writers for letters of recommendation

Senior Year

- Attend virtual College Counseling Retreat
- Revise college list in Naviance
- Speak with your learning coach about academic letters of recommendation and submit request through Naviance.
- Speak with your coach, employer, pastor, etc. about personal letters of recommendation
- Parents attend Zoom meeting for question/answer session with the college counselors
- Talk with college coaches about your place on the admission/recruitment list
- Coaches can call once a week July 1st
- Take advantage of 5 official paid recruiting visits if you are a Division I recruit
- Attend on-line college admission visits
- Finalize list of colleges to apply to by December 1st
- If necessary, register for the SAT I, SATII +/-or ACT and retake before January 1st.
- Submit the [FAESA](#) (Free Application for Financial Student Aid) after January 1 and before March 1st.
- Register on-line for the "[CSS/Financial Aid Profile](#)," if required by college. This is a supplement to the FAFSA that is required by some colleges.
- Register for AP exams
- Notify College Counseling Office of all college decisions (December – May)
- Send enrollment deposit to the ONE college of your choice by May 1st.
- Send THANK YOU NOTES (not e-mails) to those who wrote letters of recommendation for you and indicate where you will be going to college.
- Let the colleges you are not attending, know that you have made a commitment at another school
- Don't develop "senioritis" – Colleges have been known to revoke admissions
- Graduation!

Yearly Events

(for all grades)

- Attend local/regional college fairs
- Athletic recruiting workshops/webinars
- Attend on-line college admission visits
- Financial Aid workshop/webinar
- Spring college "Open Houses" for parents with college representatives